

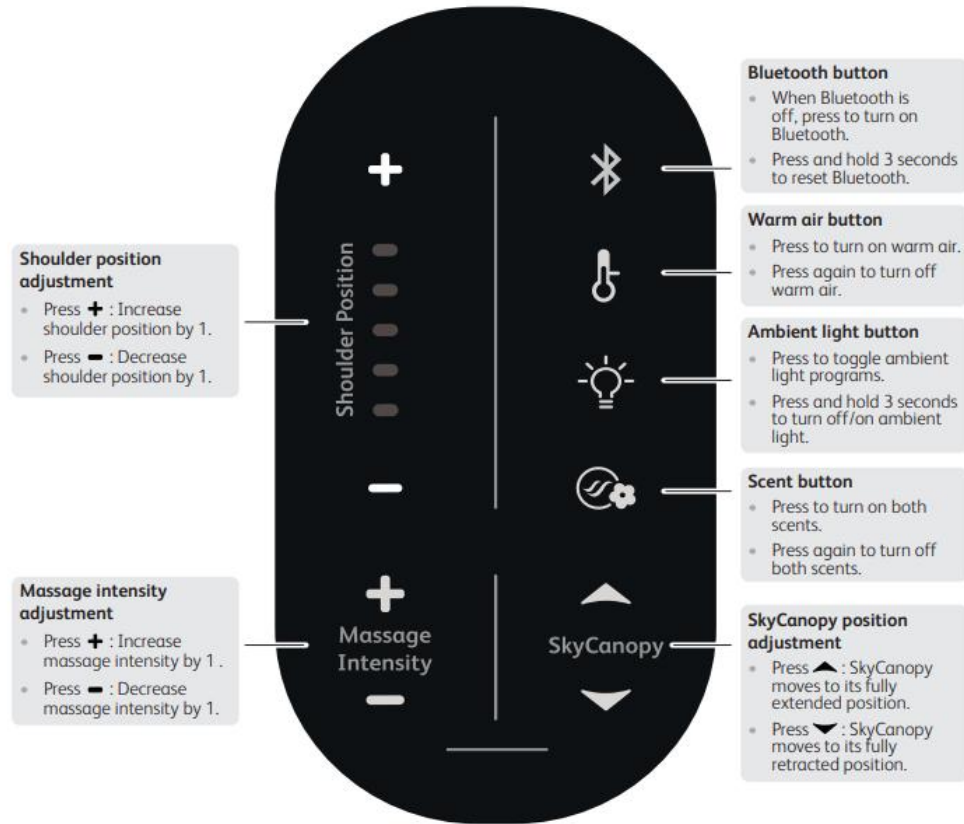
A stylized, dark gray silhouette of a human figure is positioned on the right side of the page. The figure is composed of a large circle for the head and several angular, geometric shapes for the torso and limbs, creating a modern, abstract look. The background is a dark, textured gray with subtle horizontal lines.

OSIM uDream.AI Well-Being Chair

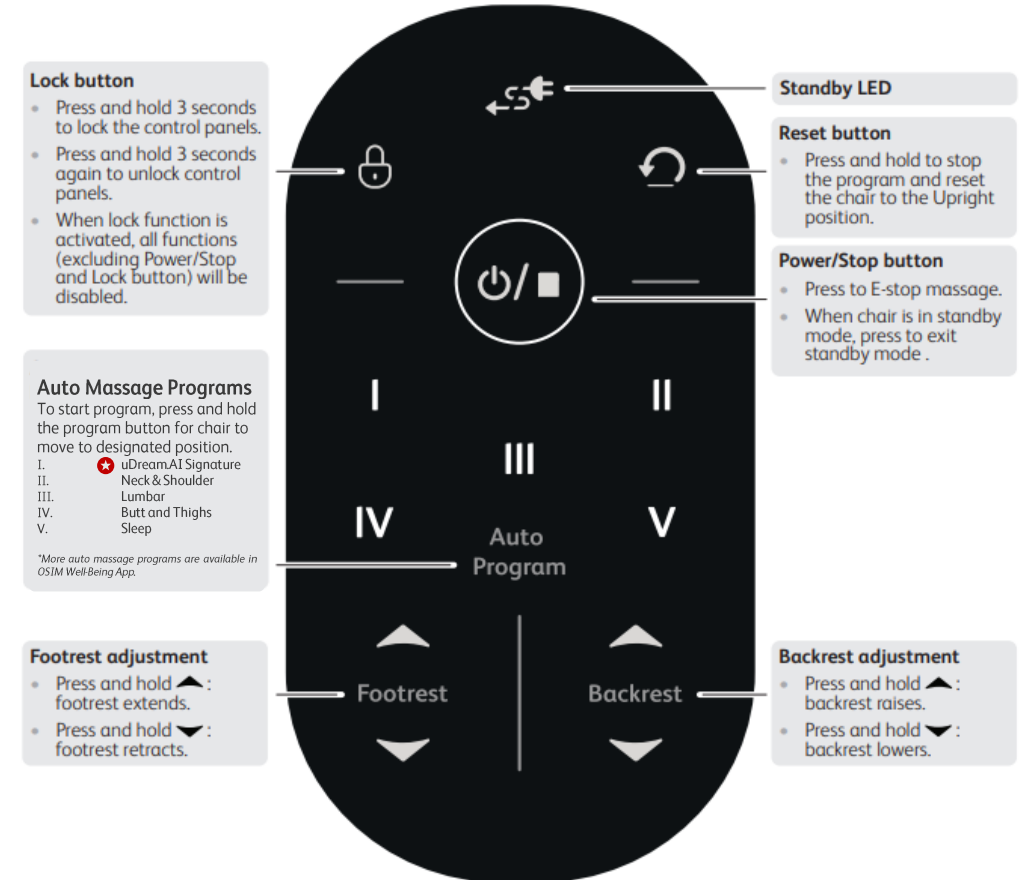
Manual

Manual Operation Controls for the Chair

Massage Chair Control Panel (Left)



Massage Chair Control Panel (Right)

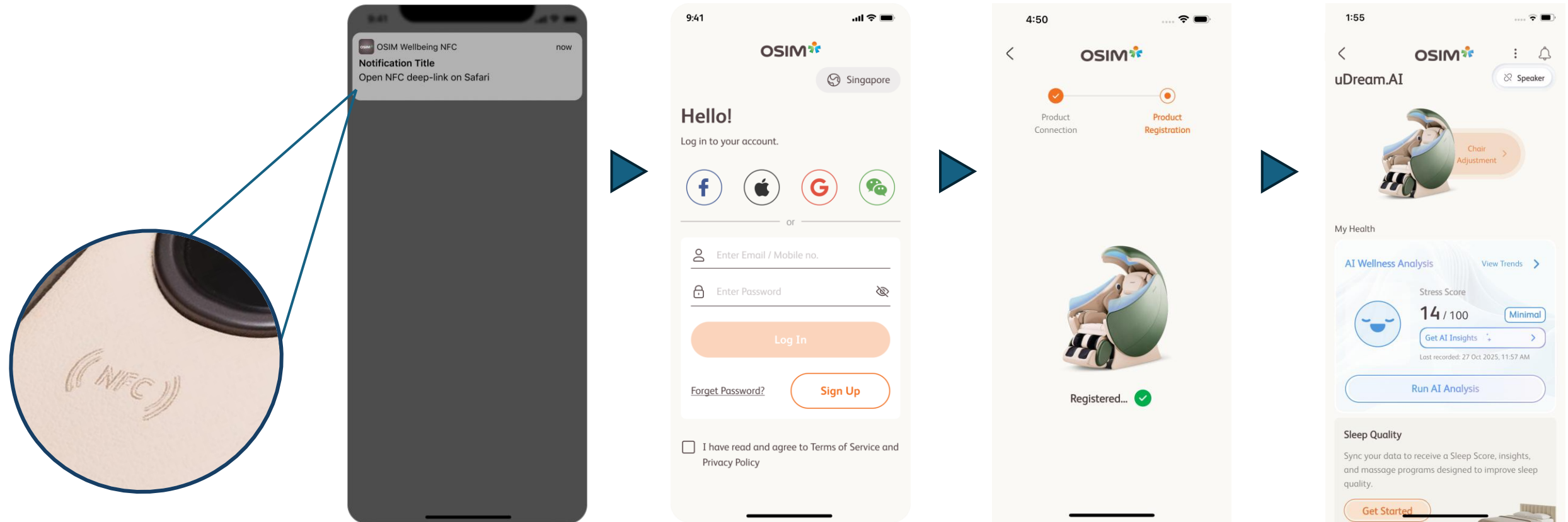


Step 1: Turn on your chair.

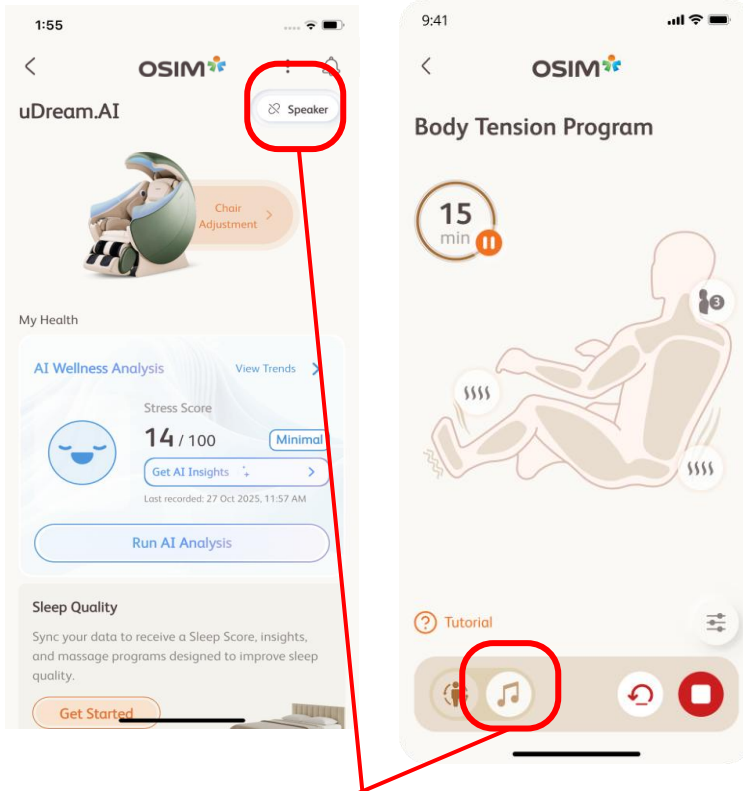
Step 2: Press and hold any Auto Massage button to start.

Step 3: Enjoy a soothing massage session!

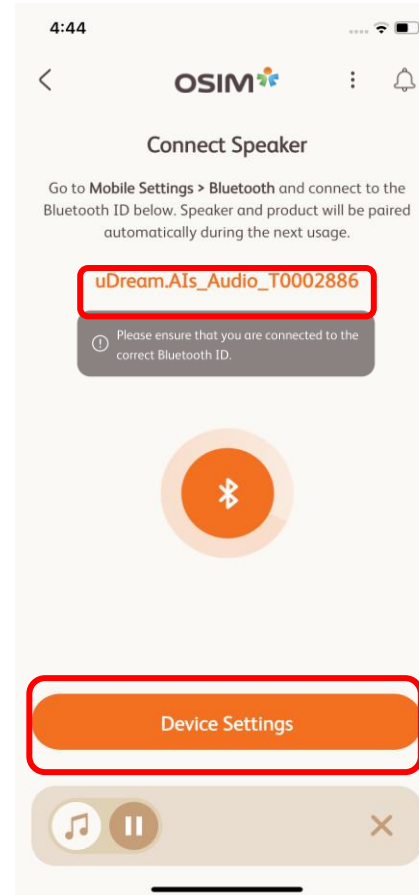
How to pair the chair



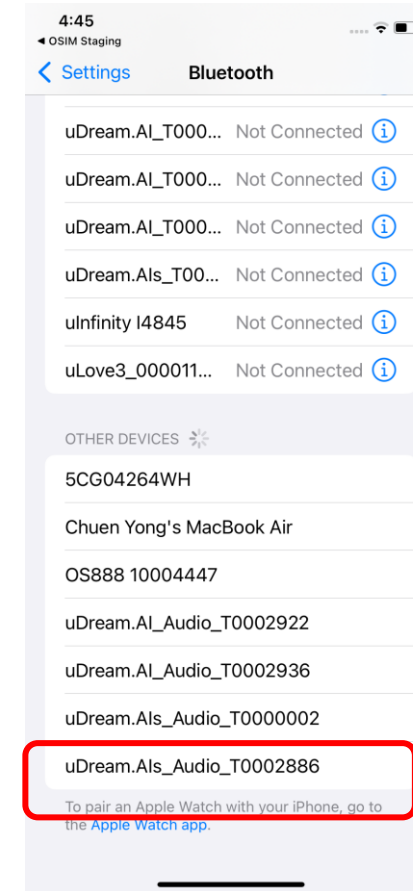
How to connect to the speaker



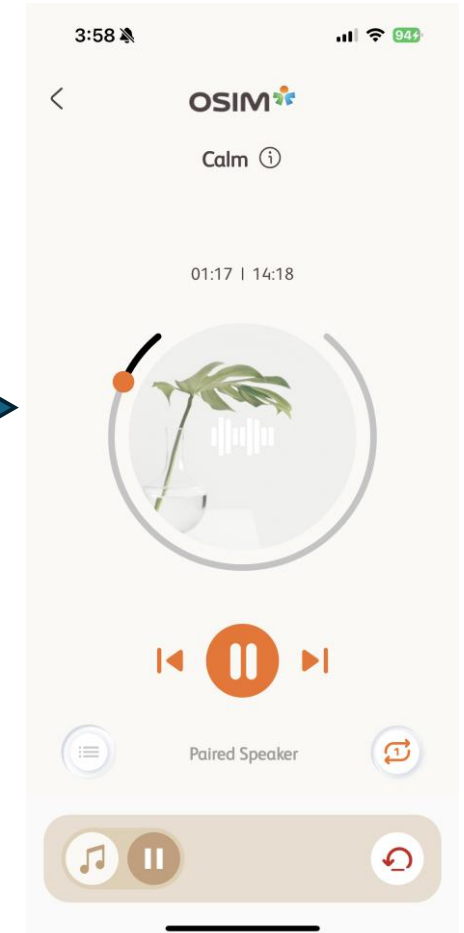
Step 1: At the home page OR during the massage, click on the **music** icon



Step 2: Open up the Bluetooth mobile setting and connect to the speaker stated.



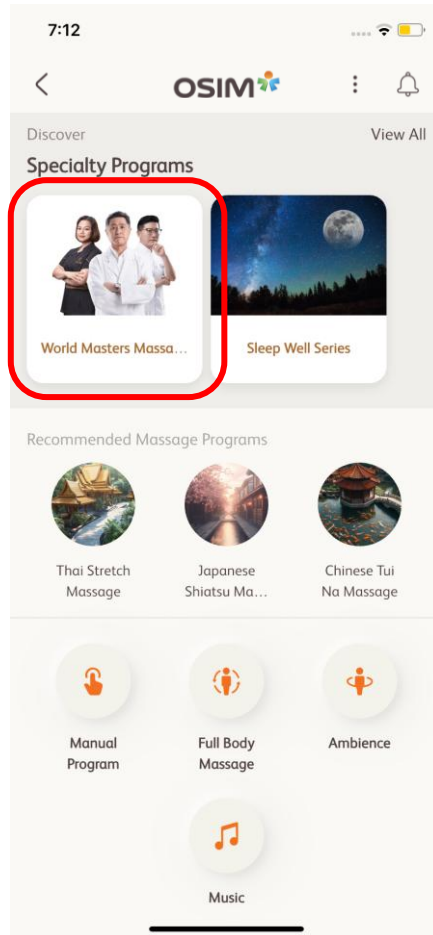
Step 3: Ensure the Bluetooth is connected



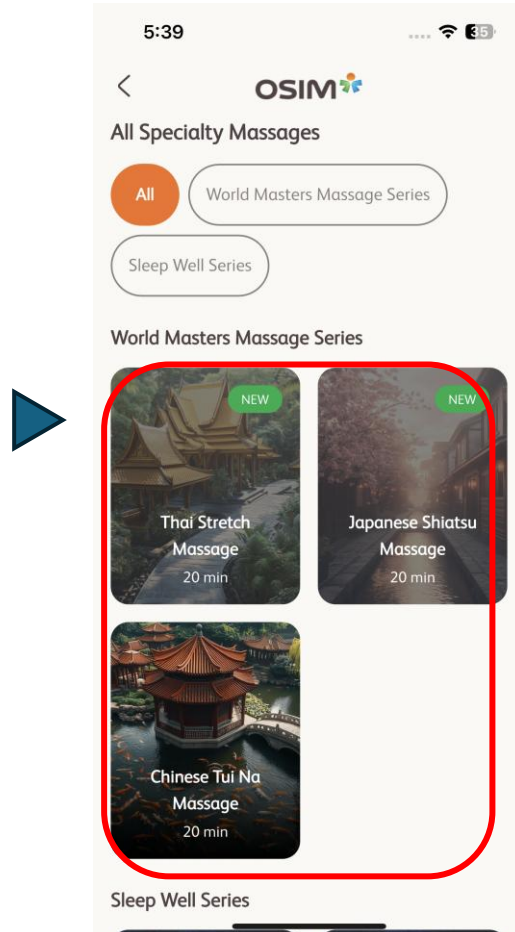
Step 4: Head back to the app to play music

How to start the World Masters Massage Series Specialty Programs

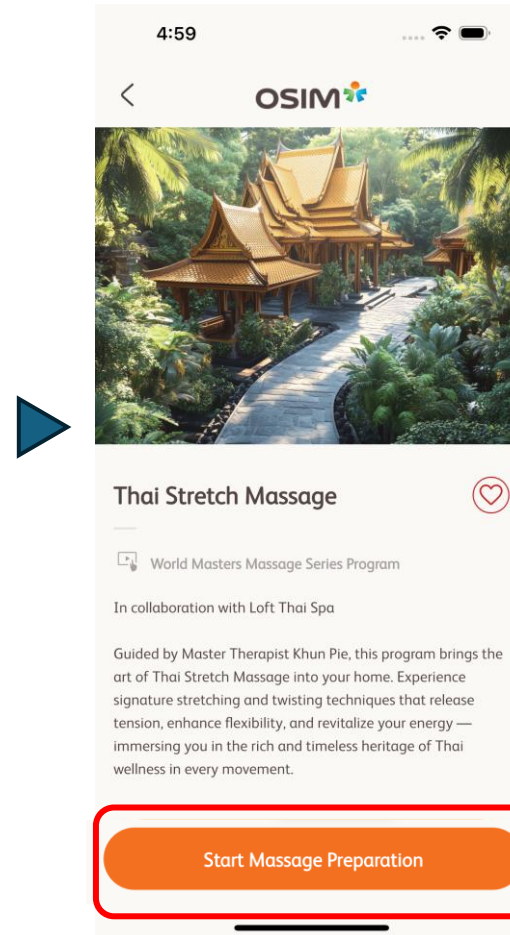
(recommended)



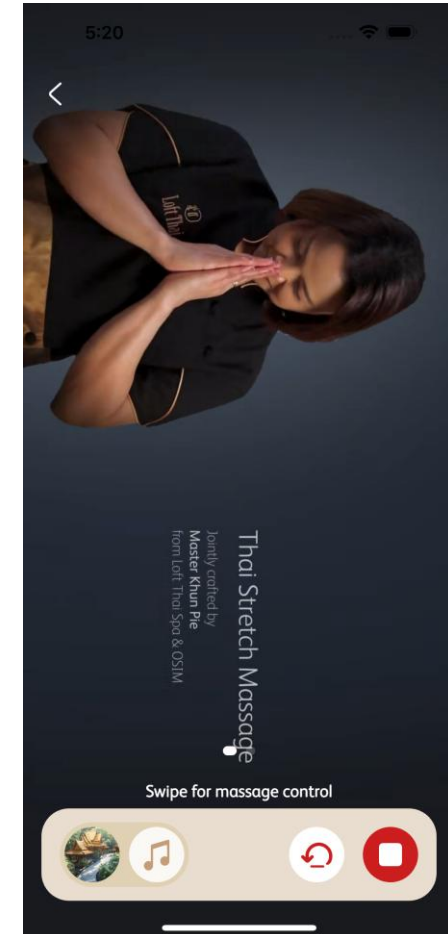
Step 1: Click **World Masters Massage Program**



Step 2: Select desire program

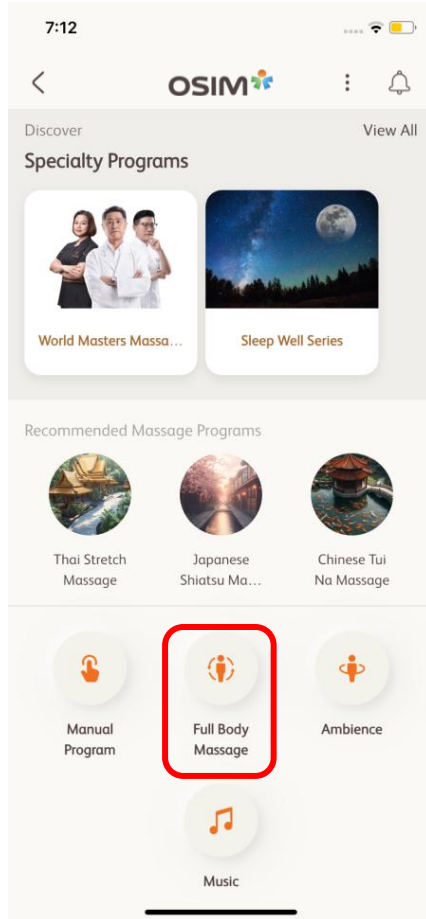


Step 3: Click on download message program.

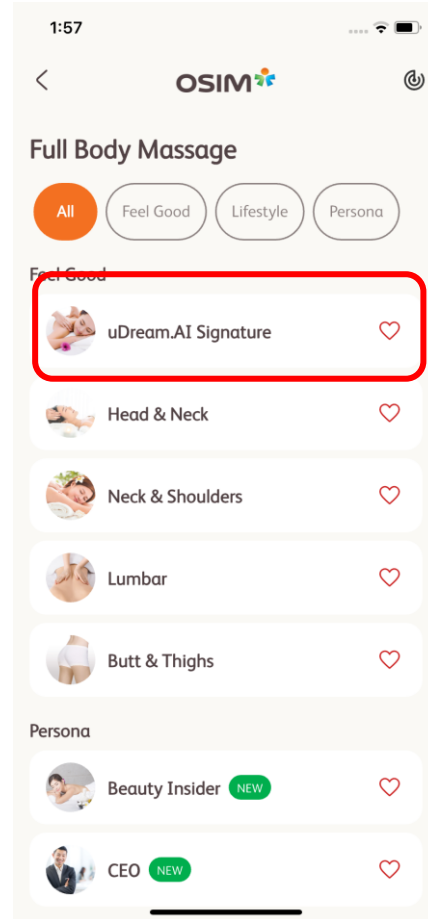


Step 4: Upon seeing this screen, your massage has begun.

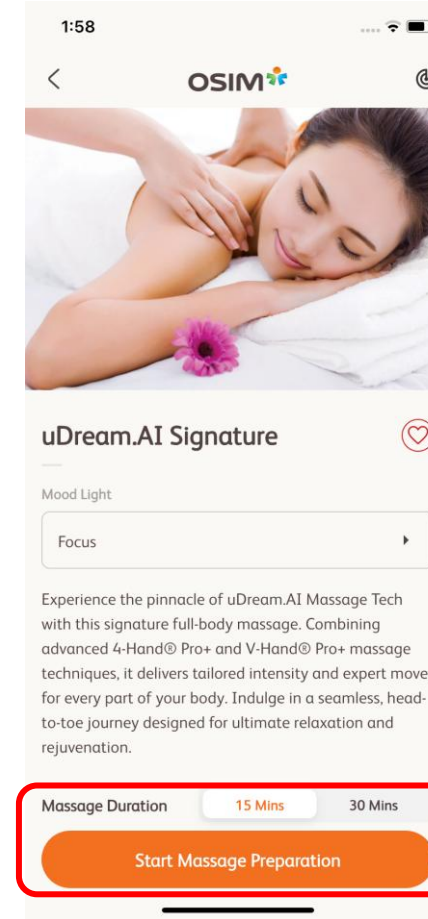
How to start Full Body Massage Program



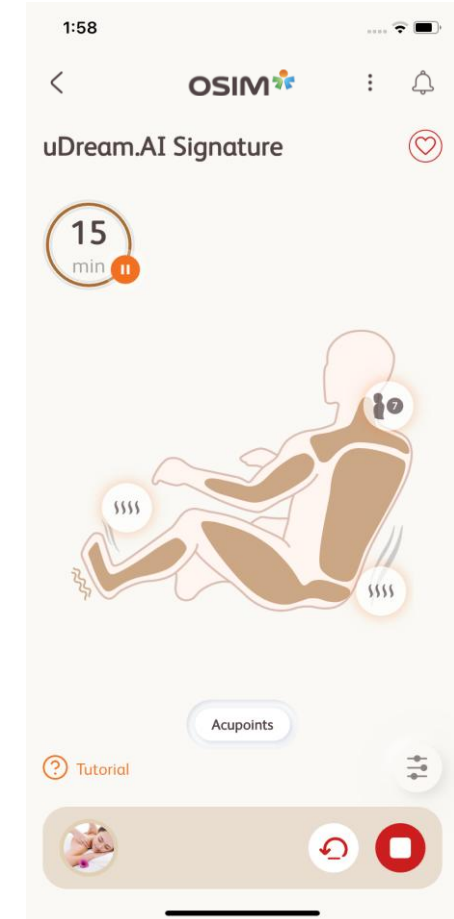
Step 1: Click **Full Body Massage**



Step 2: Select desire program
*If unsure, can choose the
uDream.AI Signature*

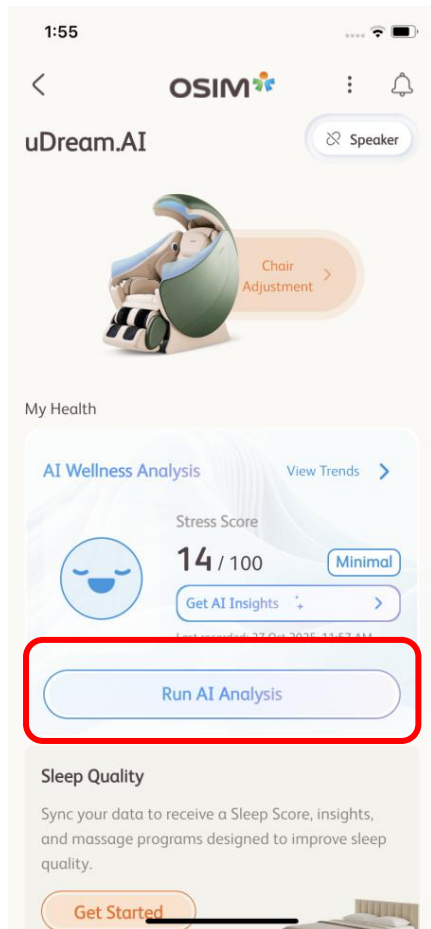


Step 3: Click on start
massage preparation.

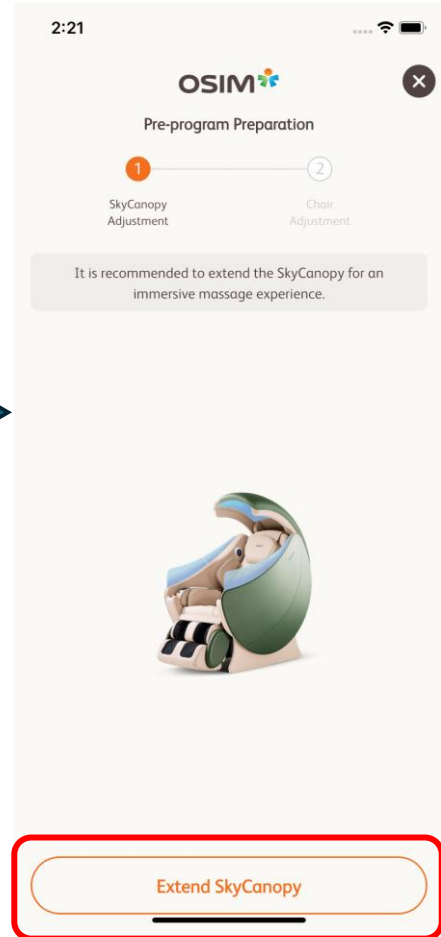


Step 4: Upon seeing this screen,
your massage has begun.

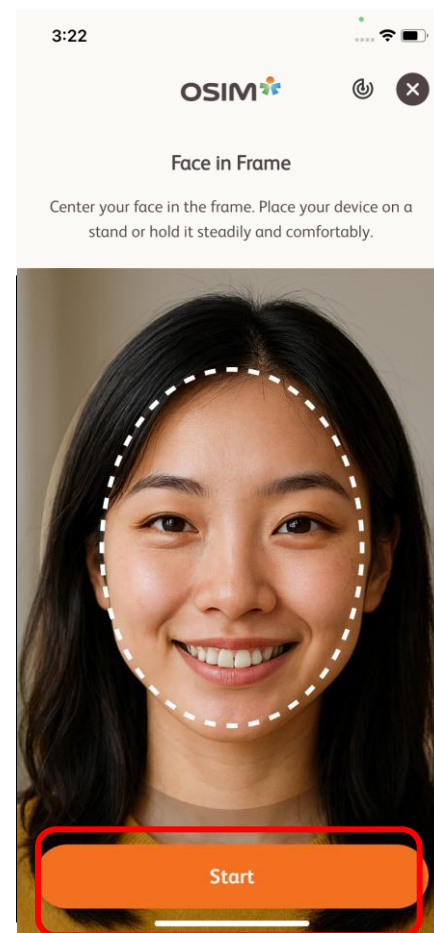
How to start the AI Wellness Analysis (rPPG Stress Score)



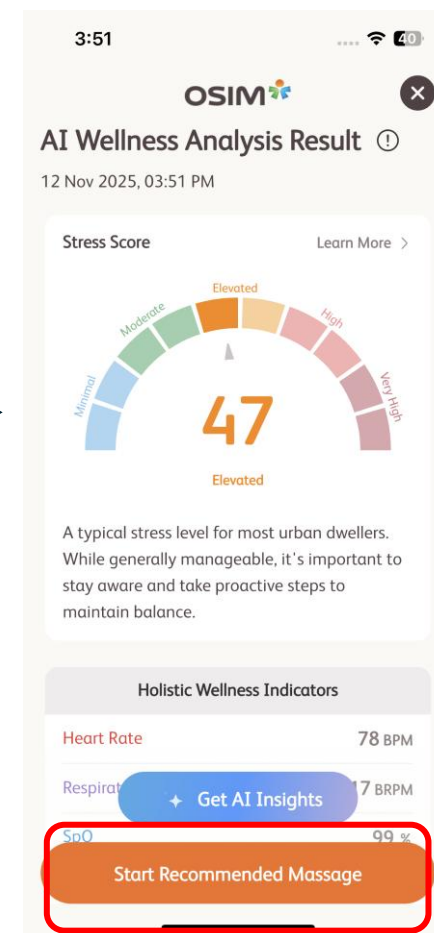
Step 1: Click
Run AI Analysis



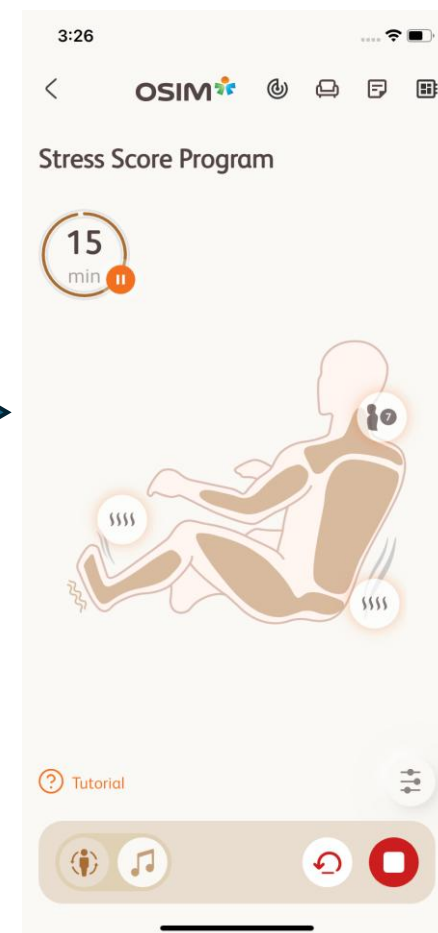
Step 2: SkyCanopy and chair
adjustment are needed if not
in the required position.



Step 3: Position face in
frame, remain calm & **still**
and breathe normally,
and press **start** when you
are ready.

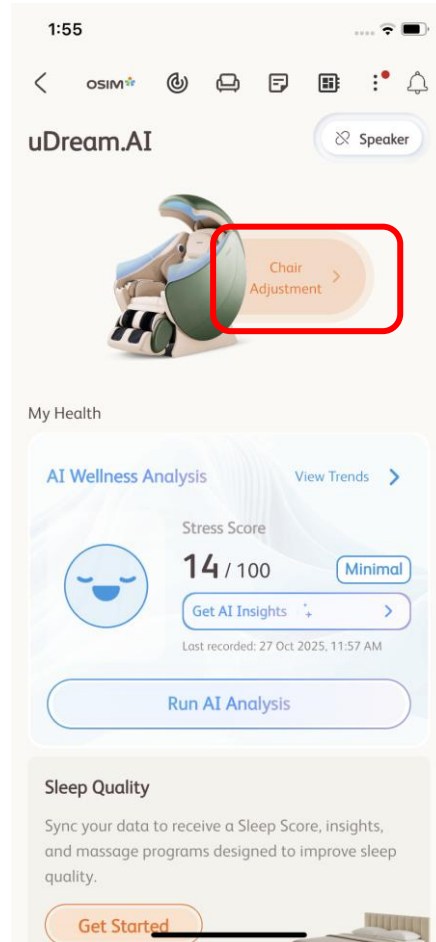


Step 4: The results will indicate your
overall stress level as well as your
heart rate and respiratory rate.
**Click to start the recommended
massage based on the stress level.**

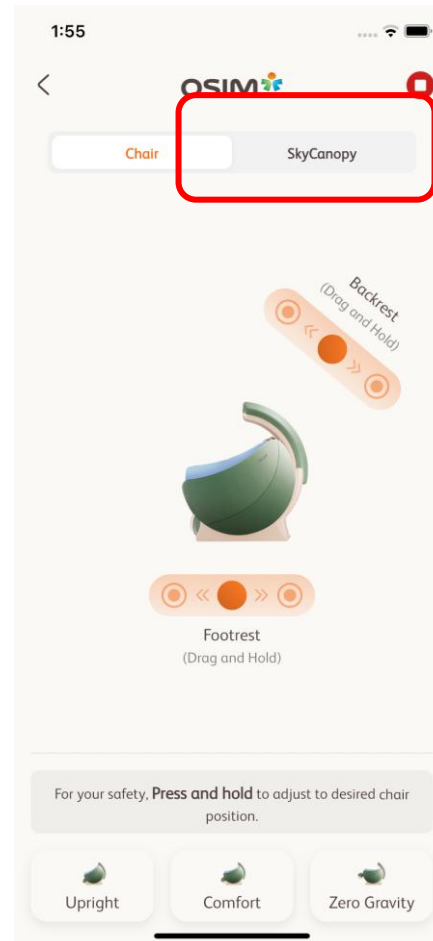


Step 5: Upon seeing this
page, the massage has
begun.

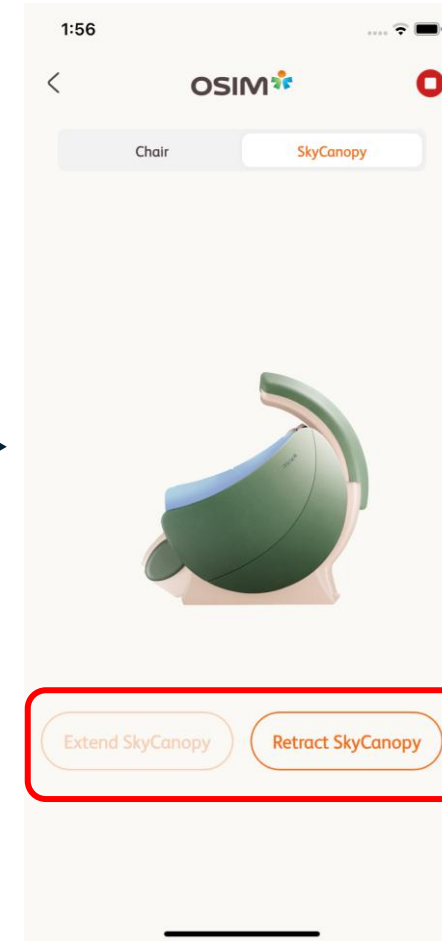
How to adjust the SkyCanopy



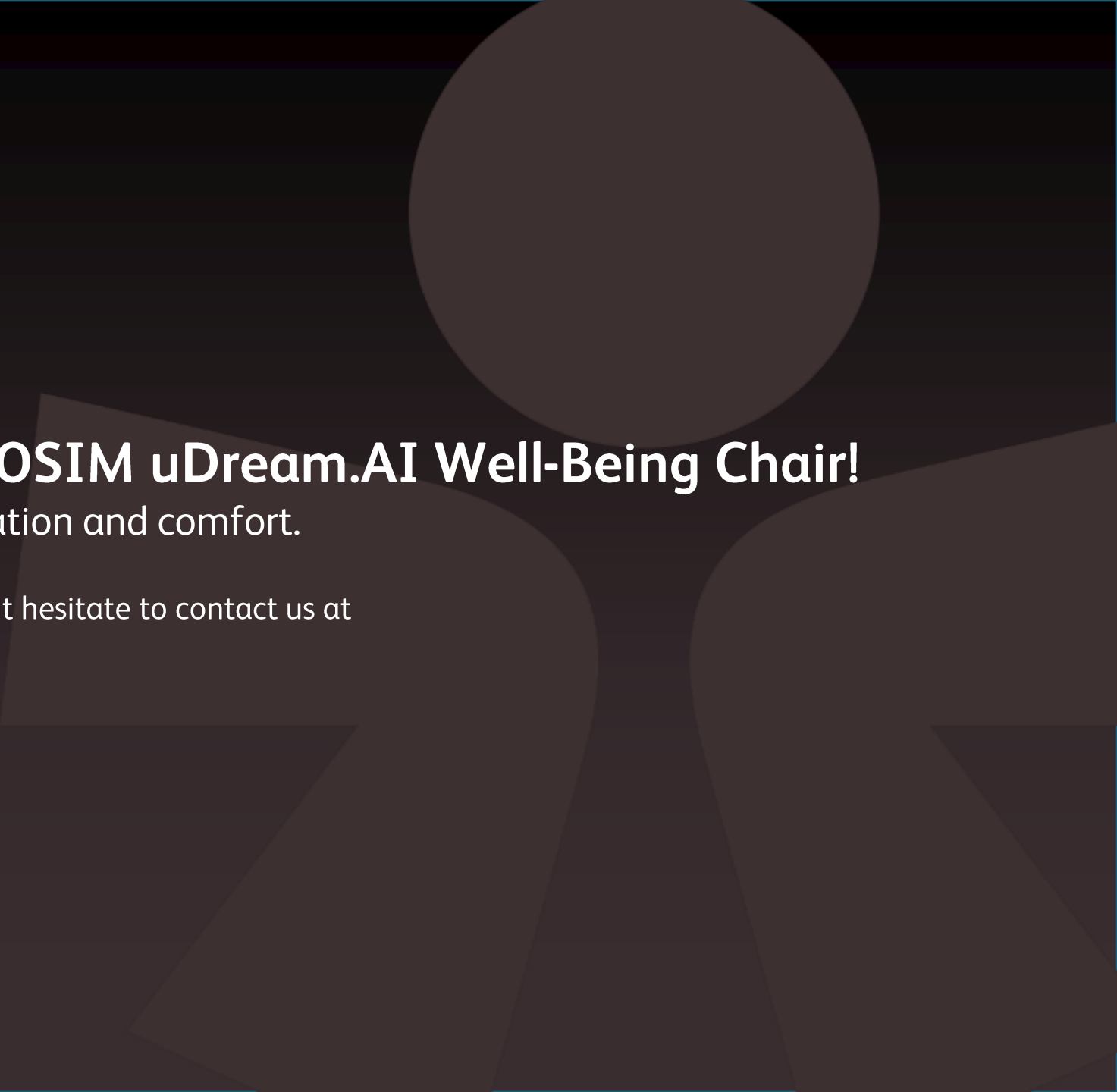
Step 1: Click **Chair Adjustment**



Step 2: Select **SkyCanopy**



Step 3: Select the desired action.
**All SkyCanopy adjustment is one-touch operation*



Thank you for enjoying the OSIM uDream.AI Well-Being Chair!

We hope it brings you moments of relaxation and comfort.

For any questions or further assistance, please don't hesitate to contact us at corpbiz@osim.com.sg or [Whatsapp 89695707](https://www.whatsapp.com/business/corpbiz).